

Jan 31, 2019 00:01 GMT

Seat belt use research by Brake - RAC comment

Reacting to [new research by Brake that shows that half of young drivers have been in a car with someone not wearing a seat belt](#), RAC road safety spokesperson Pete Williams said:

“Buckling up takes seconds and saves lives, and it is difficult to comprehend why a driver or passenger of any age would choose not to do this and put themselves at risk.

“Perhaps young drivers feel they are so cocooned in modern vehicles that boast a myriad of safety features that they don’t need to worry about the basics like using a seatbelt, and it might also explain why many people continue to believe they can safely multitask while driving, like using a handheld mobile phone.

“Younger drivers are disproportionately involved in accidents and these findings should perhaps be a prompt to the Government to try and understand on a deeper level why this is the case and what can be done to reduce collision rates among drivers of this age.”

The press office email address is press.office@rac.co.uk and media centre is at media.rac.co.uk. **Please note:** the press office is unable to help with individual customer enquiries - please visit the [RAC contacts page](#) to find the right contact.

The RAC, an iconic UK brand, provides complete peace of mind to nearly 14 million UK private and business drivers, whatever their motoring needs. As well as its premium nationwide breakdown assistance service – with an expert branded patrol workforce attending more than two million breakdowns every year – it offers a wide range of market-leading products across insurance, legal services, vehicle inspections and service, maintenance and repair. Included in this is the first-of-its-kind nationwide Mobile Mechanics service which brings the garage to homes and workplaces.

At the forefront of new solutions for business fleets and consumers, the RAC's breakdown service is electric-ready with mobile EV charging technology and can be called on using [myRAC](#) – the all-in-one route planner, fuel finder and breakdown reporting app.

Visit the [RAC website](#).

Contacts



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